



The Time of Light Psychic Readings

Zorica Gojkovic, Ph.D.

www.thetimeoflight.com

415-578-4495; zorica@thetimeoflight.com

Supporting Material

The Workings of Energy in the Human Energy Field: A Psychic's Perspective, Zorica Gojkovic, Ph.D.—This short book offers a detailed explanation of how energy operates in the human energy field and how this relates to the physical world and the divine.

Getting Things Done: The Art of Stress-Free Productivity, David Allen—A close look at the process of getting things done, including identifying that very crucial first step.

One Small Step Can Change Your Life, Robert Maurer, Ph.D.—When it's hard for us to do something we don't want to do or make changes we don't want to make, identifying the smallest action we can take, can bring about big change. This book deals with the psychological aspect of taking that first step.

Feel the Fear . . . and Do It Anyway: Dynamic Techniques for Turning Fear, Indecision, and Anger into Power, Action, and Love, Susan Jeffers, Ph.D.—I think the title explains it all.

Organizing From the Inside Out: The Foolproof System for Organizing Your Home, Your Office and Your Life, Julie Morgenstern—How to organize your space is a wonderful skill to have. It is something anyone can learn.

Time Management from the Inside Out: The Foolproof System for Taking Control of Your Schedule—and Your Life, Julie Morgenstern—Morgenstern helps you organize your time in a similar fashion she organizes space, by making the point that if you identify how much time a project requires, you'll get the project done.

Nonviolent Communication: A Language of Life, Marshall B. Rosenberg, Ph.D.—This is an important, powerful book. Not only do you learn an effective style of communication but in the process, you also heal your deepest childhood issues. Highly recommended.

Assertiveness: How to Be Strong in Every Situation, Conrad and Suzanne Potts—The Potts identify one critical point in being able to be assertive and that is knowing what you really want at the deepest level of your being. After that, it's easier to take action.

Evening Peace: A Guided Meditation, Zorica Gojkovic, Ph.D.—Identify and clear concerns of the day and focus on where you are going. Powerfully transformative. Used regularly, it will keep you on track with your life: Clearing and healing what you don't want and creating what you do want.

Healing Core Energies: A Guided Meditation, Zorica Gojkovic, Ph.D.—I created this meditation to assist in changing long-standing deep issues. It's a powerful guided meditation, albeit challenging.

I recommend you use it only if you are very experienced with doing your own healing work. Otherwise, it's best to work with a therapist. A therapist who works with the body as well as the soul, in addition to emotional and childhood issues, is what I would recommend.

Attunement: Daily Meditation, Zorica Gojkovic, Ph.D.—A beautiful meditation to remind you of who you really are with affirmations for the best day possible.

Manifestation: Card Deck and Manual, David Spangler—I love all of David Spangler's work and particularly this manifestation deck. This deck is not a tarot deck and does not work like one. It is a tool of consciousness. Its purpose is to help you get clear about anything that's in the way of creating what you want and, in the process, possibly deciding your manifestation project is not something you really want.

Living With Joy: Keys to Personal Power and Spiritual Transformation, Sanaya Roman—A beautiful and inspiring book about spiritual truths. Johnson O'Connor Testing Service—If you don't know what you want to do with your life or are seeking a new career, this service will test you, comprehensively—hands-on-testing to help you know your strengths, skills and abilities and how you generally operate in life. Highly recommended for anyone of any age to find a practical career path in life.

Dying to Be Me: My Journey from Cancer, to Near Death, to True Healing, Anita Moorjani—A phenomenal book about the way our thoughts create our body and a medically documented case of being terminally ill to being completely well instantaneously.

Proof of Heaven: A Neurosurgeon's Journey into the Afterlife, Eben Alexander—This is an amazing book that shows the connection between spirit and matter and, as with Anita Moorjani, a medically documented case of instant healing.

Spontaneous Healing: How to Discover and Embrace Your Body's Natural Ability to Maintain and Heal Itself, Andrew Weil, M.D.—One of the first books on holistic health and integrative medicine.

Buddha at the Gas Pump, www.batgap.com—If you want to expand your understanding of the nature of reality, just go to this website. It has hundreds of interviews with spiritual people talking about all kinds of spiritual experiences.

For a huge amount of free resources, including a variety of wonderful and powerful guided meditations, go to my website: www.thetimeoflight.com.